

U3A ZOOM PROGRAMME 2021

(Name of Course Organiser in brackets)

		MONDAY		TUESDAY		FRIDAY
		HYBRID SESSION		CCH ONLY		HYBRID SESSION
Oct	18	Gardens, Flowers, and Horticulture – Judy George	19	“Diamonds are a girl’s best friend” by John Bristow	22	“What is in your Grocery Cupboard” by Mike Brownlee (GC)
Oct	25	Gardens, Flowers, and Horticulture – Judy George	26	“The History of Battleships” by Rod Pringle	29	Hermanus Hospice. Presenters Fran Tong and Ester Potgieter (DC)
Nov	1	Gardens, Flowers, and Horticulture – Judy George	2	Unusual places we have visited by Gert Claassen	5	“The 3rd Third” Our most exciting age. by Merle Levine. (DC)
Nov	8	Construction Materials by Stephen Davies	9	Unusual places we have visited by Gert Claassen	12	Understanding and dealing with loss by Sally Carter.
Nov	15	“Anne Boleyn” by Valerie Shrimplin	16	“Simon & Garfunkel” – Phil Harries-Jones	19	“Mindfulness”. A practical way to enrich the quality of life through simple exercises and techniques. by Merle Levine. (DC)
Nov	22	Chinese Music by Roy Page-Shipp (U3A Pretoria)	23	Hike along the Appalachian Trail by David Carter	26	The Impact of social media on Democracy – Tim Ewbank (U3A Cambridge)
Nov	29		30	17:30 End-of-Year Social Meeting		

18 October 2021