

for an interesting and active retirement

UPCOMING SPEAKERS: August to November 2017

TUESDAY 1 AUGUST 2017 (9h30 for 10h00)

Janet Burgess - 'National Sea Rescue'

The National Sea Rescue Institute is a non-governmental organisation devoted to saving lives in South African Waters. It was started 50 years ago and has 1 000 volunteers at 35 bases, four of which are in Gauteng. It is very involved in drowning prevention with Waterwise, as the largest number of drownings occurs among 9-14 year old children. Amazingly more lives are lost in fresh water than in sea water. 2.2 people a day are rescued on average. A PowerPoint presentation will be used to recount the history and the speaker will tell of some amazing rescues.

TUESDAY 5 SEPTEMBER (9h30 for 10h00)

Peta Ann Holdcroft - 'The Charm of the Cello'

This is a 'Journey' with musical interludes. During the talk two cellos which have contrasting characteristics and age will be played. Come and experience the life, joys and challenges of a Cellist in the world of music in South Africa.

TUESDAY 3 OCTOBER 2017 (9h30 for 10h00)

Luke Alfred – 'The Unexamined Joys of Walking'

How the speaker came to write *'Early One Sunday Morning I Decided to Step Out and Find South Africa'*. The story of the book is that the speaker did 12 walks through the length and breadth of the country in a year, finishing up with a 'reconciliation walk' between the Voortrekker monument and Freedom Park, on Freedom Day in 2016. The book contains many things: history, heritage writing, autobiography, literary history and nature writing. The book will be on sale at the speaker monthly meeting, if you are interested in buying a copy.

TUESDAY 7 NOVEMBER 2017 (9h30 for 10h00)

Sean Brokensha – 'If Music be the Food of Love'

Sean Brokensha will deliver a talk on things about which he is completely passionate: lyrics, poetry and the spoken word. He will talk about himself and musical topics, simultaneously giving you **excerpts of his beloved music**. Come and join Sean, formerly the 'Music Guru' at 702 and now a freelancer who hosts the 1-4 pm show on Mix FM.

Venue : Randburg Gereformeerde Kerk, 42 Third Road, Northwold

Time : First Tuesday of the month at 9:15 for 10:00

Cost : R20 per visit or R50 per year (membership valid until the end of 2017)

For further information please contact Antoinette Reis (072 731 0855) or Margaret Britz (073 281-8620)
Please check our website for the latest information at www.u3a.org.za/U3A_JBN/JBN.htm

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