



General meetings will be held on the last Tuesday of each month at the Milnerton Library Auditorium, Pienaar Road, Milnerton.

Tea will be served from 09H45 to 10H15 only, and the meeting starts at 10H30, Entrance fee: R5 for members, R10 for non-members.

Forthcoming monthly meetings:

20 April 2010	Lynne Smit	"The culture of Mali's Dogon people"
25 May 2010	Gavin Keller	"Petrified Parents of Tyranical Children (Y-Generation)."
29 June 2010	John Parkington	"Pre-history of the West Coast."
27 July 2010	David Davidson	"The Chelsea Flower Show"
31 August 2010	George Fletcher	"Piketberg to Kazakhstan and back"

Confirm VENUE and TIME of Courses you wish to attend with your chosen Course Leader.
If you are unable to attend, please notify the Course Leader.

Courses	ID	Leader	Phone	Week	Time	Area
Mondays						
Classical Music Appreciation	3	David Jocelyn	021 557 6953	2nd	10H00	Parklands
Creative Knitting	4	Jutine Pheiffer	021 557 3704	3rd	10H00	Table View
Opera and Ballet	57	David Jocelyn	021 557 6953	1st	09H30	Parklands
Poetry appreciation	5	Elsie Baxter	021 556 7357	3rd	10H00	Table View
Spanish Conversation	8	Liselotte Liebenberg	021 551 8239	1st + 3rd	13H00	Milnerton
Tuesdays						
Afrikaans for beginners	50	Henni Fiveash	021 558 5528	Every	10H00	Monte Vista
Beading in Parklands	59	Yvonne van der Westhuizen	021 556 5492	1st & 4th	14H00	Parklands
Bridge for Beginners	42	Elaine Edwards	021 553 5382	1st & 3rd	14H00	Melkbosstrand
Computer Basics	62	Sylvia Rosenberg	021 526 7499	Every	10H00	Century City
Computers for beginners	51	Mike Fiveash	021 558 5528	Every	09H00	Monte Vista
German Conversation & German for beginners	12	Petra Rheeder-Kleist	021 557 1765 Tues + Wed	Every	10H00	Bloubergrant
Reseach for Fun	14	Faith Ludwig	021 552 3409	2nd	10H30	Milnerton
Yoga	39	Daphne Jaaback	021 552 4375	Every	10H00	Century City
Yoga for all	55	Anne Skipp	021 554 1378	Every	18h00	Sunningdale
Wednesdays						
A guided visit to the Holocaust Museum	17	Ivor Shaskolsky	021 552 1308	Last - Also on request	14H00	Cape Town
Antique appreciation	15	Arthur Frost	021 556 4280	1st	14H00	Sunningdale
Bird Watching at Intaka Island	19	Tony Ross	021 528 7392	On request	10H00	Century City
Floral Art	41	Jean Luther	021 554 2709	2nd	14H00	Sunningdale
History - 19 / 20 Century	16	Arthur Frost	021 556 4280	2nd	14H00	Sunningdale
Scrabble	18	Fiona Hosken	021 552 2302	Every	10H00	Milnerton
Thursdays						
Ancient Egyptian History	22	Jean Smith	021 557 5082	3rd	10H00	Bothasig
Beading	23	Merrill Reed	021 558 4919	1st & 3rd	14H00	Monte Vista
Chess for beginners	46	Phil Parsons	021 554 0127	Every	14H00	Bloubergrant
Depression, Anxiety, Bipolar Support	30	Pat Behm	084 626 6069	2nd	10H00	Table View

Courses	ID	Leader	Phone	Week	Time	Area
Thursdays						
Italian Conversation	26	Ida Vignazia	021 554 4831	Every	10H00	Bloubergstrand
Let's Travel	53	Trish Cunningham & Judy Bird	021 556 9436 / 021 554 1146	3rd	14H00	Blouberggrise, West Beach
Photo chat	25	Joy Wellbeloved	021 554 1418	1st or 3rd	10H00	Blouberggrant
Writing our Memoirs	52	Alison Smith	021 554 5634	2nd	14H00	Sunningdale
Fridays						
Basic Xhosa	33	Jen Pennink	021 552 5935	Every	10H00	Tygerhof
Book Club with own Books	34	Felicity Waddington	021 552 6686	Last	14H00	Sunset Beach
French Conversation	31	Arlette Artigarrede	021 556 0126	Every	10H00	Table View
More advanced Xhosa	58	Jen Pennink	021 552 5935	Every	12H00	Tygerhof
Saturdays						
Walking the Peninsula	36	John Waddington	021 552 6686	Last	07H30	Sunset Beach

33 [Total Courses / Groups](#)

U3A Website – <http://www.u3a.org.za>

Contact Details Local Committee

Rod Hulley	Chairman	021 552 2236	rhulley@kingsley.co.za
Claer Korte	Course Coordinator	021 557 2203	claer@cybersmart.co.za
Andr�e Lombard	Treasurer	021 552 2525	andreelombard@absamail.co.za
Una Graven	Minute Secretary	021 528 7329	earleuna@icss.co.za

Other U3A Branches

U3A Atlantic Seaboard	The Retreat, Argyle Rd, CAMPS BAY, 8040	021 438 8910	bonnieclyde@mweb.co.za
U3A Cape Town	P O Box 2135, CLAREINCH, 7740	021 686 8922	u3a.ct@sybaweb.co.za
U3A False Bay	10 Promenade Road, LAKESIDE 7945	021 788 9469	peteric@telkomsa.net
U3A Helderberg	SOMERSET WEST		thornebp@telkomsa.net
U3A Overberg	HEMANUS	028 316 1251	deallan@telkomsa.net
U3A Tygerberg	P O Box 1999, BELLVILLE, 7535	021 951 2719	u3atygerberg@telkomsa.net