



ATLANTIC SEABOARD COURSE LIST SEPT - NOV 2017
 Monthly General Meetings at 10h00 for 10h30 at St Peter's Anglican Church Hall, Park Avenue, Camps Bay

14th Sep 2017 10h00 for 10h30 - MICHAEL BAGRAIM - 'What's happening in Parliament'
 12th Oct 2017 10h00 for 10h30 - SELWYN DAVIDOWITZ - 'Hidden Secrets of Cape Town'
 09th Nov 2017 10h00 for 10h30 - VAUDEVILLE COMPANIONS - singing, dancing and burlesque

*The entrance fee for monthly meetings is R10 for members and R20 for visitors
 Please wear your name badge to all meetings*

*Contact course leaders for venues of courses
 Courses in all areas are open to all members*

Course	Course Leader	Phone	Week	Time	Venue/ Area
MONDAY					
Meditation and Mindfulness	Gill Markovitz	021-424 0004	every	14h30	The Retreat, Camps Bay
Non-Fiction Book Club	Norman Levy	021-434 1454	3rd	10h00	The Retreat, Camps Bay

TUESDAY					
Absolute Beginner's Bridge **	Linda Rose	lj50rose@gmail.com	every	10h30	Con Brio Bistro, Deer Park Drive, Vredehoek
Easy Walking Group	Gaby Saurma	021-462 2482	1st	10h00	Various
Buongiorno - a morning of Italian Conversation	Giulia Lanzoni	064-759 3049	1st and 3rd	10h30	The Retreat, Camps Bay
Book Club	Roy Knight	021-439 2819	3rd	10h30	Sea Point
Operetta, Opera, Oratorio and Song	Virginia Oosthuizen	021-438 9970	2nd	10h30	The Retreat, Camps Bay

WEDNESDAY					
Easy Walking Group	Gaby Saurma	021-462 2482	3rd	10h00	Various
Spanish Conversation	Sonja Keschner	021-434 2637	every	15h30	Three Anchor Bay
Scrabble	Gaby Saurma	021-462 2482	last	10h00	The Retreat, Camps Bay

THURSDAY					
Current Affairs	Theo Shippey	021-531 1092	1st	10h00	The Retreat, Camps Bay
Poetry Reading	Astri de Villiers	021-438 9715	3rd	10h00	Camps Bay

FRIDAY					
Art Group	Pam Harper Lise Day	021-790 6110 021-790 9411	every	09h00	The Spinney, Hout Bay

**For further information phone: Course Leader
 or: Course Co-ordinator - Sheena Kaal 021-465 4284**

**** new course for Absolute Beginner's Bridge will start on 1st Thursday of February 2018**

Please note: an entrance fee of R10 will be charged at all courses, except for **Absolute Beginner's Bridge at R20 per session, which includes tea/coffee**